

APRIL 2023

ST. John's Lutheran School

LUNCH



School Information: Always available sun butter sandwich.

***This institution is an equal opportunity provider.**



April is National Garden Month. Consider planting some seeds at home. You can start your seeds indoors in a small container (an empty cereal bowl from school would work well) and move them outside to a patio or garden plot when the weather allows.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Chicken Patty on Bun 3
Smiley Fries
Steamed Green Beans
Fruit, Milk

Walking Taco w/Fixings 4
Refried Beans
Fruit, Milk

Grilled Cheese 5
French Fries
Steamed Carrots
Fruit, Milk

NO 6
SCHOOL

NO 7
SCHOOL

NO 10
SCHOOL

Orange Chicken 11
Brown Rice
Peas & Carrots
Fruit, Milk

Lasagna Roll Up 12
Steamed Broccoli
Sliced Cucumbers
Fruit, Milk

French Toast w/Syrup 13
Sausage Patty
Hash Brown
Fruit, Milk

Cheese Pizza 14
Salad w/ Dressings
Chef Choice Vegetable
Fruit, Milk

Cheeseburger w/ Bun 17
Tots
Steamed Carrots
Fruit, Milk

Italian Dunkers 18
Marinara Sauce
Steamed Green Beans
Fruit, Milk

Chicken Nuggets 19
Mashed Potato w/Gravy
Steamed Corn
Fruit, Milk

Beefy Nachos 20
Salsa
Refried Beans
Fruit, Milk

Cheese Pizza 21
Salad w/Dressings
Chef Choice Vegetables
Fruit, Milk

Hot Dogs on WG Bun 24
Potato Wedges
Baked Beans
Fruit, Milk

Popcorn Chicken 25
Mashed Potato w/Gravy
Steamed Corn
Fruit, Milk

Mac & Cheese 26
Breadstick
Peas & Carrots
Fruit, Milk

Corn Dog 27
Tots
Sliced Cucumbers
Fruit, Milk

Sliced Turkey & Cheese Sandwich 28
Chips, Carrots w/Ranch
Fruit, Milk