



September is National Biscuit Month. Try a breakfast sandwich on a biscuit or try out a new recipe with chicken and biscuits this month!

*This institution is an equal opportunity provider.



BREAKFAST

MONDAY

WG Pancakes 1 pkg
String Cheese 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8Fl oz 31

TUESDAY

WG Assorted Cereal 3/4c
Yogurt 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 Fl oz 01

WEDNESDAY

WG Assorted Muffin 1ea.
Yogurt 1ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 Fl oz 02

THURSDAY

Cheese Omelet 1ea.
Hashbrown 1 ea.
Fuit Cup 4 oz
Juice Cup 4 oz
Milk 8 Fl oz 03

FRIDAY

- WG = Whole Grian
- 1 percent milk provided daily.

NO SCHOOL 04

**NO
SCHOOL** 07

WG Mini Cinni Roll 1ea.
String Cheese 1ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8Fl oz 08

WG Breakfast Pizza 1ea.
String Cheese 1ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8Fl oz 09

Scrambled Eggs 2oz
Asst WG Muffin 2oz
Fruit Cup 4oz
Juice Cup 4oz
Milk 8Fl oz 10

WG Assorted Cereal 3/4c
Yogurt 1ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8Fl oz 11

Breakfast Burrito 1ea.
Yogurt 1ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8Fl oz 12

WG Pancakes 1 pkg
Cheese Stick 1ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8Fl oz 15

Cheese Omelet 1ea.
Hashbrown 1ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8Fl oz 16

WG Mini Cinni Roll 1ea.
Yogurt 1ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8Fl oz 17

WG Assorted Muffin 1ea.
Yogurt 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8Fl oz 18

WG Breakfast Pizza 1ea.
String Cheese 1ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8Fl oz 21

WG Carmel Roll 1ea.
Yogurt 1ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8Fl oz 22

WG Assorted Cereal 3/4c
Yogurt 1ea.
Fruit Cup 4 oz
Juice Cup/Milk 4 oz 8Fl oz 23

Scrambled Eggs 2oz
Asst WG Muffin 2oz
Fruit Cup 4oz
Juice Cup 4oz
Milk 8Fl oz 24

WG Pancakes 1pkg
String Cheese 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8Fl oz 25

Assorted WG Muffin 1ea.
Yogurt 1ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8Fl oz 28

Breakfast Burrito 1ea.
String Cheese 1ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8Fl oz 29

WG Mini Cinni Roll 1ea.
Yogurt 1ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8Fl oz 30



St. John's Lutheran School

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